St. Catharine's School for Girls - Achievements

Inter-School Rope Skipping Championship 2025		
1 Minute 6 People Long Rope Speed (Running Crosses)	Secondary School Champion	
	Secondary School Overall Champion	
30 Seconds Backward Jump Speed	Junior 1st Runner-Up	2Ma Wong YY
	Senior Champion	5P Chen CY
30 Seconds Cross-Open Speed	Junior 1st Runner-Up	3P Tam SYA
	Senior 1st Runner-Up	4Pe Chan TC
30 Seconds Front Cross Convert Speed	Junior Champion	1D Chan WF
30 Seconds Backward Cross-Open Speed	Senior 1st Runner-Up	4P Tam SY
30 Seconds Single Rope Speed	Junior Champion	2Ma Cheng KC
	Junior 1st Runner-Up	3M Chan LC
	Senior Champion	6Pe Lam YC
	Senior 2nd Runner-Up	5P Cheung CY
30 Seconds Double Under Speed	Junior Champion	1P Poon TY
	Junior 2nd Runner-Up	3Ma Ho WY
	Senior Champion	4D Chan WM
	Senior 2nd Runner-Up	5Pe Leung LT
45 Seconds Individual Freestyle	Junior Champion	1P Lai TF
	Junior 1st Runner-Up	1Ma Yun HC
	Senior Champion	6D Tse KK
	Senior 2nd Runner-Up	5Pe Lee SYR
30 Seconds Jumping Together With One Turner	Junior Champion	1P Lai T F, 3M Chan LC
	Junior 1st Runner-Up	1D Ngai HMC, 1D Chan WF
	Junior 2nd Runner-Up	3Ma Ho WY, 3P Pang CK
	Senior 1st Runner-Up	2Ma Cheng KC, 5P Cheung CY
	Senior 2nd Runner-Up	2Pe Lam SY, 5Pe Leung LT
30 Seconds Jumping Together By Sharing A Rope Speed	Junior 1st Runner-Up	1M Kwok PL, 1P Poon TY
	Senior 2nd Runner-Up	1Ma Yun HC, 5Pe Lee SYR
30 Seconds 3 People Long Rope Speed	Secondary School 1st Runner-Up	3Ma Ho WY, 4D Chan WM, 4P Tam SY
30 Seconds Double Dutch Speed	Secondary School Champion	5Pe Leung LT, 5Pe Lee SYR, 5P Cheung CY
30 Seconds Double Dutch Speed Sprint	Secondary School Champion	1Ma Yun HC, 1P Lai TF, 3M Chan LC
1 Minute 6 People Long Rope Speed	Secondary School Champion	3Ma Ho WY, 3P Tam SYA, 4D Chan WM, 4Ma Yeung TS, 4Pe Chan TC, 4P Tam SY
	Secondary School 1st Runner-Up	1D Ngai HMC, 1D Chan WF, 2Ma Cheng KC, 2Pe Lam SY, 3P Pang CK, 3P Tam SYA